

INFORMATION FOR THE CONSUMER

ACID REDUCER Ranitidine Tablets USP

150 mg Ranitidine (as Ranitidine Hydrochloride)

What is ACID REDUCER?

ACID REDUCER 150 mg tablets is a new product which contains the maximum non-prescription strength (150 mg) of ranitidine, a commonly used acid reliever prescribed by doctors world-wide.

ACID REDUCER relieves and treats the burning and discomfort of heartburn, acid indigestion, upset and sour stomach, associated with excess acid providing fast and effective relief.

ACID REDUCER reduces and controls stomach acid for up to 12 hours, day or night.

ACID REDUCER can also effectively prevent symptoms of heartburn and acid indigestion when taken 30 to 60 minutes before eating food and/or drinking beverages that cause heartburn.

ACID REDUCER works by reducing the production of excess stomach acid, which causes the burning and discomfort of heartburn and acid ingestion. This is what makes ACID REDUCER different from antacids which only neutralise the acid in your stomach. Antacids do not reduce the production of excess stomach acid.

What symptoms does ACID REDUCER relieve, treat, and prevent?

ACID REDUCER provides fast relief, treatment and prevention, day or night, of the following symptoms:

- Heartburn
- Acid indigestion
- Upset or sour stomach

Should you take ACID REDUCER?

Please consult your doctor or pharmacist before taking ACID REDUCER if you:

- are allergic to ranitidine or any of the ingredients in ACID REDUCER tablets
- have a stomach or duodenal ulcer
- are taking a prescription medicine for stomach ulcer
- are taking medications such as antacids, ketoconazole, sucralfate, procainamide, or any other prescription drugs
- have difficulty swallowing or continuous stomach pain
- are nauseous, vomiting blood, or have bloody or black stools
- have heartburn that is frequent (>3 times per week) and/or usually severe
- have had heartburn for over 3 months
- have frequent chest pain
- are taking non-steroidal anti-inflammatory drugs (NSAIDs), (because these medicines may be causing your symptoms)
- are pregnant, or breast-feeding

- have kidney disease
- suffer from porphyria (a rare blood disorder)
- experience unintended weight loss
- are over 40 years of age and are experiencing new or recently changed symptoms of heartburn or acid indigestion
- have any other illness, or are taking any prescription medicines, for which you are seeing a doctor regularly
- are under 16 years of age.

How should you take ACID REDUCER tablets?

For relief of symptoms: Adults and children 16 years and older: one tablet should be taken when symptoms appear, day or night. If symptoms persist for more than 1 hour or return after 1 hour, a second tablet may be taken. The maximum dosage is 2 tablets (300 mg ranitidine) in a 24 hour period.

For prevention of symptoms brought on by consuming food or beverages, 1 tablet should be taken 30 to 60 minutes before eating a meal or consuming beverages expected to cause symptoms. Consult your doctor if symptoms get worse or continue after 14 days of treatment. ACID REDUCER and antacids should be taken one hour apart.

Side Effects and Overdose:

Common side effects that have occurred with ranitidine include headaches, nausea, vomiting and diarrhea. If you take too much ranitidine contact your doctor or Poison Control Center.

When should ACID REDUCER not be used?

Do not use ACID REDUCER if:

- you are allergic to ranitidine or to any components (See What Ingredients are in ACID REDUCER?)

When should you contact your doctor?

Contact your doctor if the following occur while taking or before taking ACID REDUCER as the following may be symptoms of a serious reaction/condition:

- if you experience heartburn with light-headedness, sweating, dizziness, or frequent wheezing
- if you have chest or shoulder pain with shortness of breath, sweating, pain spreading to neck, arms, or shoulders

What can you do to help avoid symptoms?

- do not lie down or bend over soon after eating
- if you are overweight, try to reduce excess weight
- if you smoke, stop or cut down
- avoid or limit foods such as: caffeine (coffee, tea, or cola drinks), chocolate, spicy or fatty fried foods and alcohol
- try to reduce stress
- do not eat large meals; eat late at night or before bedtime

- raise the head of your bed
- consider wearing loose fitting clothing around abdomen (stomach)

How should you keep ACID REDUCER?

Keep in a safe place out of the reach of children.
Store between 15°C to 30°C. Protect from light.

What ingredients are in ACID REDUCER?

Each tablet contains 150 mg of ranitidine, as ranitidine hydrochloride.
Non-medicinal ingredients (in alphabetical order): Colloidal silicon dioxide, croscarmellose sodium, hydroxypropyl methylcellulose, magnesium stearate, microcrystalline cellulose, polydextrose, polyethylene glycol, red ferric oxide, titanium dioxide, vanillin and yellow ferric oxide.

Questions?

Speak to your pharmacist or doctor if you have any questions about ACID REDUCER.

REPORTING SUSPECTED SIDE EFFECTS

You can report any suspected adverse reactions associated with the use of health product to the Canada Vigilance Program by one of the following 3 ways:

- Report online at www.healthcanada.gc.ca/medeffect
- Call toll-free to 1-866-234-2345
- Complete a Canada Vigilance Reporting Form and:
 - Fax toll-free to 1-866-678-6789, or
 - Mail to: Canada Vigilance Program
Health Canada
Postal Locator 0701E
Ottawa, ON K1A 0K9

Postage paid labels, Canada Vigilance Form and the adverse reaction reporting guidelines are available on the MedEffect™ Canada Web site at www.healthcanada.gc.ca/medeffect.

NOTE: Should you require information related to the management of side effects, contact your health professional. The Canada Vigilance Program does not provide medical advice.